

Dealing with an unplanned pregnancy can be overwhelming, confusing, and scary.

You might feel like your only options are ending the pregnancy or becoming a parent before you're ready. But there is another choice you may not have considered: adoption. Adoption plans made in today's world give birth mothers control to make choices that are best for themselves and for their baby.

Only you can know what is right for your situation and life. Our only goal is to help you find the support and information you need to make the best choice for you.



Pregnancies happen even when you think they won't.

Modern Adoption Plans.org

Who we are

ModernAdoptionPlans.org helps people of all ages and walks of life understand how adoption in Texas has changed. Our goal is to support and empower birth mothers to make choices that create more happy lives, including their own.

Thousands of birth mothers make adoption plans each year

Birth mothers can **choose** their baby's adoptive family

Birth mothers can get **support and counseling**

Adoption has changed.

Tough decisions are easier to make when you have good information and support.

How is adoption different than it used to be?

Adoption is not what it once was. In today's world, you're in control of shaping your future and your baby's. You'll find a network of support — like counseling, financial help, and medical care. But the most important thing to know is that you're not alone. ModernAdoptionPlans.org was created to help you understand how adoption works and connect you to the right people and resources you need.



FAQs

What is the difference between foster care and adoption?

Foster care and adoption are different because of how long they each last. Foster care is when a child stays with someone temporarily while adults work on fixing problems in their original family. The main goal is to send the child back to their family, but if that can't happen, they might find a new permanent family through adoption.

Who will help me if I choose adoption for my baby?

Adoption agencies play a very important role in providing support sensitive to each person's life situation. They offer counseling, legal help, and medical support before, during, and after adoption. They can also navigate the process of choosing an adoptive family and how much involvement you want in the child's life.

Is there assistance available for my pregnancy expenses?

Yes! Most adoption agencies provide financial help with medical, housing, and

other living expenses, either directly or through referrals to local organizations. While the resources available are different in each state, Texas allows medical, legal, counseling, and living expenses to be paid by adoptive families. However, Texas does not enforce open adoption agreements.

Is adoption the same as turning my back on my baby?

Absolutely not. Birth mothers are not abandoning their child when they choose good and loving parents that will give the baby the security and benefits of a permanent family.

How will I feel after I place my baby for adoption?

No two experiences and emotions are the same, but placing a child for adoption is never an easy decision. Even if a birth mother is certain about it, there will still be a feeling of loss. All birth mothers deserve caring counseling and support to work through these feelings. Adoption is a major event that impacts everyone involved, and each person experiences it differently.

Hear real stories of empowerment at ModernAdoptionPlans.org